



ENDLESS POSSIBILITIES WITH WASHI

Materials List, Preparation Instructions, Step-by Step Directions

By Laura Felt (I.I. Asheville #74)

Presented by

NCAR Regional Advocates

Laura Felt is a member of I.I. Chapter #74 in Asheville, North Carolina. Laura loves crafting with Washi (Japanese paper) and has a home full of Washi and items made or covered in Washi. Her husband says, "If I sit to long, she will cover me with Washi."

In the video you will be watching Laura with her vast experience, who will be guiding you through three projects.

1. Napkin rings
2. Washi ornament (two styles)
3. Tissue box

MATERIALS NEEDED

Below are the materials you will need to collect or purchase prior to seeing the video.

- **Washi (和紙)** is traditional Japanese paper. The word "washi" comes from wa meaning 'Japanese' and shi meaning 'paper'. The term is used to describe paper that uses local fiber, processed by hand and made in the traditional manner. Washi is made using fibers from the inner bark of the gampi tree, the mitsumata shrub (*Edgeworthia chrysantha*), or the paper mulberry (*kōzo*) bush.[1] As a Japanese craft, it is registered as a UNESCO intangible cultural heritage.

Washi – Purchase Yuzen or Chiyogami style, Size: 24" x 36" or smaller pieces can be found in a local paper store or Amazon. Always check the size prior to ordering online. Website links: [Mulberry Paper and More](#) or [Washi Arts](#) or [etsy.com create your design](#)

- **Rice glue (続飯, sokui)** is a gel or liquid adhesive made of a smooth mush of well-cooked white rice, diluted to the desired thickness with water. It has been used since antiquity for various arts and crafts. (make your own, buy or order online)

May be purchased online using these links [Amazon Rice Paste Powder](#) (mix 2 tsp with 1 ¼ Cup water); [Yasutomo-Nori Paste](#); [Yamato Nori Rice Sticking Paste](#). You can make your own with the Recipe below or watch this video on YouTube. [How to Make Rice Glue](#)

Instant Rice Paste Recipe

Japanese Rice Glue comes in a powdered form and is mixed with water. It can be stored in the refrigerator. It is not sticky, dries clear and is water-soluble. It won't stain clothing.

Ingredients

¾ cup dry sushi rice	1 cup water
¼ cup warm water	1 tsp. antiseptic such as Listerine
Electric blender	



Instructions

- Measure rice into a bowl with a ½ cup water
- let stand overnight
- Pour mixture in blender adding ¼ cup warm water
- Liquify for 5 minutes – ensure there are NO lumps
- Pour mixture into a saucepan adding remaining ½ cup water
- Cook for 5 minutes stirring constantly. (Do not microwave.)
- Remove from heat and cool
- Add the antiseptic to prevent spoilage
- Store in the refrigerator.
- **Polycrylic** (Minwax® Polycrylic™) Protective finish paint which is crystal clear, ultra-fast-drying and a protective topcoat. Choose from flat, satin, semi-gloss or gloss for your desired finish. Can be purchased at hardware store, Walmart or online at Amazon in various finishes.
- **Small paint brush** – similar to a basting brush for applying glue
- **Scissors** -- One pair 7-8 inches and One pair for detailed cutting 4.5 inches (your Chen Scissors would work nicely.)
- **Pencil** – No2 Lead
- **12-Inch Ruler or T-Square** (if you have one)
- **Measuring tape** (Inches)
- **Brown paper bag or brown paper** (The glue sticks to plastic and newspaper.)
- **Egg Carton - Styrofoam Only** -- not cardboard (for resting items while drying)

Specific Materials needed for the Napkin Ring Project

- You will need the above materials
- Washi 10”x12” piece
- One or more card-board tubes from fabric rolls, aluminum foil or plastic wrap (Toilet paper or paper towel tubes are not sturdy enough for napkin rings)

Specific Materials Needed for The Ornament Project

- You will need the above materials
- Washi 10”x12” piece for patchwork ornament
- Washi 11”x5 piece for “picket fence” ornament
- Smooth Styrofoam balls 6-8 inches [Amazon.com/Smooth Foam Balls](https://www.amazon.com/Smooth-Foam-Balls/)
- Ornament Caps can be found at Walmart or you can use an eye-hook

Specific Materials for Tissue Box Project

- You will need the above materials and
- A wooden tissue box cover (boutique style or regular style)
 - Boutique Style: [Michaels.com Tissue Box Cover](https://www.michaels.com/tissue-box-cover/) or [Amazon Tissue-Cover](https://www.amazon.com/tissue-box-cover/)
 - Regular Style: [Amazon Regular Tissue Box Cover](https://www.amazon.com/regular-tissue-box-cover/)



BEFORE THE ONLINE CLASS

- Purchase and arrange all materials in a space with good lighting where you can watch the video instructions.
- Use the paper bags to cover your work area.

Hints from Laura:

- The box for the tissue cover can be found in thrift stores
- Laura purchases the “satin balls” from Sandy’s Christmas Shop (704-471-0015), Shelby, NC 6 for \$1. Just in case you want to order from them.

Now, let’s get started with Laura!

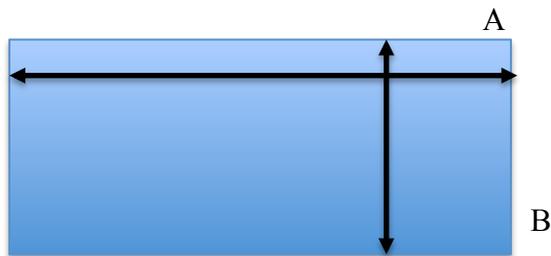


STEP-BY-STEP INSTRUCTIONS

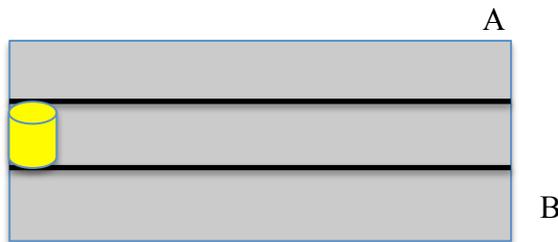
NAPKIN RINGS – Great Children-Oriented Outreach Project!

Directions for Napkin Rings

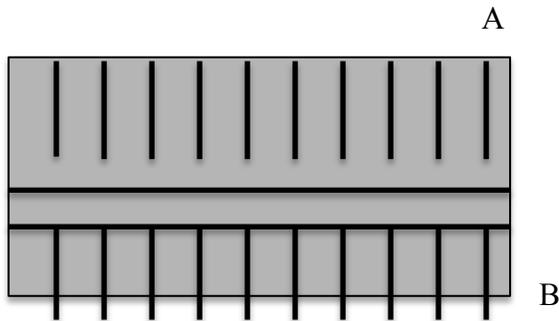
1. Cut the tubes into 1 to 1 ½ inch rings, smoothing edges where cut.
2. Measure the circumference of the tube (actually one napkin ring form) and add ¼ inch (A). Write this down.
3. Then, measure lengthwise the inside of the ring to the outside plus 1inch (B). Write this down.
4. Using these dimensions, cut a rectangular piece of washi paper using these dimensions.



5. Place the tube on the non-design side center of the washi paper and draw lines on either side of the tube along the length of the paper.



6. With a pencil, draw horizontal lines up to the two vertical lines and then with scissors cut each line up on both sides up to the two centerlines.



7. Apply glue to the paper and then place the tube in the center of the paper between your two pencil lines and wrap the paper around the tube.
8. Fold each strip into the center of the tube.
9. Place on egg carton to dry thoroughly.



10. When dry, smooth wrinkles out with the back of a spoon.
11. Apply several (3-4) coats of Polycrylic.
12. Allow to dry overnight.

DECORATIVE ORNAMENTS

Three methods to cover the balls with washi

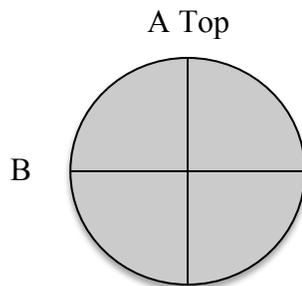
1. Patchwork style – Same paper torn, not cut, into small pieces
2. Patchwork style – Different coordinating papers
3. Single pattern paper using “picket fence” technique – not recommended for beginners or children

Directions for Ornament Patchwork Style

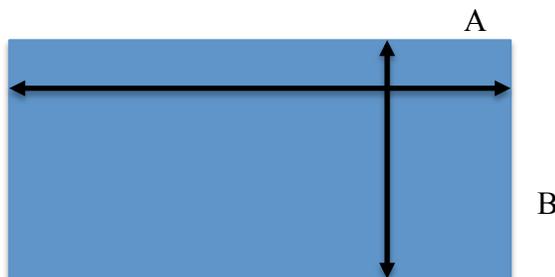
1. Determine the paper or papers you will use
 - a. You can use the same paper or a mixture of coordinating papers in the same color or various colors.
2. Tear do not cut the paper into small pieces
3. Apply the glue to the back of the pieces
4. When glue has set (about 15 seconds), paste the paper to the Styrofoam ball avoiding the top hole overlapping each piece to cover the ball.
5. Place on egg carton to dry overnight
6. When completely dry, smooth wrinkles out with the back of a spoon.
7. Apply several (3-4) coats of Polycrylic.
8. Allow to dry overnight.
9. Place the ornament cap on top – make a hole if needed

Directions for Ornaments “Picket Fence Technique

1. Measure the circumference of the ball in both directions. Add $\frac{1}{4}$ inch to B



2. Cut rectangular piece of washi paper to these dimensions



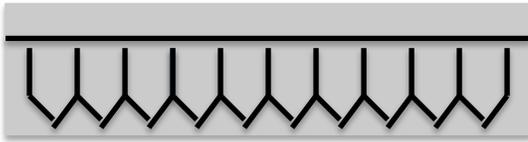


3. Fold the piece of Washi paper in half lengthwise with the **design on the inside** and draw a light line $\frac{1}{4}$ inch from the folded edge on both sides of the paper

Folded Edge



4. Draw vertical lines from the one horizontal line on each side down to the bottom edge of the paper about $\frac{3}{8}$ inches apart. Cut curved points on the raw edge to look like a “picket fence”.

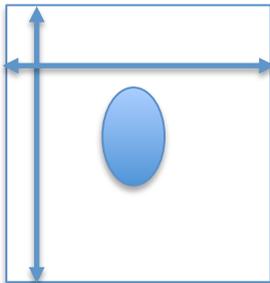


5. Open the paper and apply glue to backside
6. Center the paper on the ball and smooth each picket toward the top, slightly overlapping each strip.
7. Then smooth each picket toward the bottom, slightly overlapping each strip.
8. Place on egg carton to dry.
9. When completely dry, smooth wrinkles out with the back of a spoon.
10. Apply several (3-4) coats of polycrylic.
11. Allow to dry overnight.

DECORATIVE TISSUE BOX COVER

Directions for Tissue Box Cover

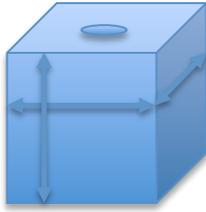
1. Measure the top of the cover and add 1 inch to each measurement. The paper will overlap all sides



2. Lay the paper down (backside showing) and place the top of the box on top of the paper so that you can draw the opening onto the paper.
3. Carefully cut the hole in the middle and then on the sides
4. Apply glue to the backside of the paper and glue to the top of the box ensuring that the hole is in place.



5. Fold the cut paper for the hole ensuring that it is flat.
6. You are ready to measure the sides and cut one piece of paper to wrap around the sides of the box. Add 1 inch around the total



7. Apply the glue to the backside of the paper. Wrap the entire box with the paper smoothing as you go.
8. Turn the box to the bottom and fold the end into the box as if you are wrapping a package.
9. Place on egg carton to dry.
10. For a more finished look on the inside of the box paint the inside.
11. Apply several (3-4) coats of Polycrylic.
12. Allow to dry overnight.