



Demonstrations by NCAR Ikebana Sensei

Presented by

NCAR Advocate Committee

in collaboration with Ikebana Iwaya Fund

Valerie Eccleston - Ichiyo Shiki Ikebana: “The Free Style of Flowers”

Ikebana is nature and it is said that the whole universe is contained in a single flower. Flowers become even more beautiful when cut and arranged in a natural and reverential way. When harmony is attained between the arranger and the material, the arrangement hopefully becomes a reflection of oneself. In this demonstration it is Valerie’s privilege to endeavor to convey the beauty of Ichiyo Ikebana and her personal connection with nature and the materials she chose.